

# Rooted

in faith & fellowship

Our fall theme is Faithful Imagination:  
Our Voice in the Public Realm

Week 1 (Sept 6-12):  
Luther and Our Vocation as Citizens

Welcome to Rooted in Faith and Fellowship! This is a "choose your own adventure" sheet. Just getting to know each other and want to spend the entire time on that? Great. Here for the deep dive or just to cook something fun alongside others on Zoom? Go for it. Connect in whatever way feels comfortable for your group!

1 Get to know each other! Job, retirement, family, etc. If you already know the people in your group, take this as a time to check in on how their week has been.

2. Intro Question: What is thing that has brought you joy during this pandemic, and what's one thing that has brought you stress or fear?

3. Question from Pastor Tania's sermon:  
Our Gospel from Labor Day weekend, Matthew 18:15-20, spoke of creating life in community, in relationship. LISTENING was a focus.

- Where do have you seen examples of people honestly listening... in the media, in your life?
- Who do you need to listen to right now?

4. Question from Wednesday night Westwood U presentation - Luther and Our Vocation as Citizens with Dr. Darrell Jodock (live on Zoom Weds 9/6, 6pm):

- As a person of faith, of what importance is Luther's conviction that God is active (behind the scenes) in local, state, national, and international politics?

Weekly recipe and announcements continued on the reverse side.

Close your time together with The Prayer of Good Courage

O God, you have called your servants to ventures of which we can not see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go but only that your hand is leading us and your love supporting us, through Jesus Christ our Lord. Amen.



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**Announcements:**  
All materials on the fall theme, including recordings of the live Wednesday Zoom speakers, can be found at [westwood.church/faithful-imagination](https://westwood.church/faithful-imagination).  
You can watch weekly worship at [westwood.church/watch-live](https://westwood.church/watch-live). Consider sharing virtual communion with your group!

Make a meal "together" and eat it over Zoom or share how yours turned out when you meet!

- Shopping list/ ingredients:  
8–10 eggs  
1/4 cup whole milk  
salt and pepper  
toppings\*

### Easy Oven Baked Frittata

Prep/cut your toppings\* (mushrooms, peppers, sausage, bacon, spinach, cheese, anything you'd like!) and set to the side.

Heat a 10" oven safe skillet over medium heat. Combine the eggs and milk in a mixing bowl and beat with a fork. Grease the pan to coat the bottom. Pour in the eggs and don't stir. Season with salt and pepper. Cover the pan and let the eggs cook for about five minutes, until the sides begin to set. (While the eggs are cooking, turn your oven onto BROIL and let it get hot).

Remove the lid from the pan and add the toppings, ending with the cheese.

Place the pan in the oven for 5-10 minutes, or until the cheese is melted and beginning to brown, and the top of the frittata is cooked through.

Remove the pan from the oven and let the frittata cool for about 5 minutes, then slice and serve!

